GUIDANCE (GUIDE)

GUIDE 001 Cross-Cultural Perspectives in Identity Development 3 Units
Students will examine the formation and development of human identity through theories and concepts drawn from counseling, developmental, social, and educational psychology. This course will analyze theoretical frameworks and research methods of identity development, academic self-concept, self-regulation, motivation, and the role of social and cultural environments on identity formation. Students will explore issues of inequality, social justice, and human agency from comparative perspectives, including race and ethnicity, gender, and cultural groups.

Lecture Hours: 3 Lab Hours: None Repeatable: No Grading: L
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
For General Education (GE) information, please refer to assist.org (https://assist.org) or consult a counselor.

GUIDE 003 Perspectives in Learning and Development 3 Units
Students will examine the research between learning and development through an interdisciplinary approach that includes educational psychology, sociology, research in higher education on identity formation, and counseling. Students will review theories, concepts, and research methods that explore the connection between cognition, memory, and self-regulation as it relates to learning. Students will gain a deeper understanding of neurodiversity, the social aspects of learning, and how a person's environment and culture shape learning and identity formation.

Lecture Hours: 3 Lab Hours: None Repeatable: No Grading: L
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU Degree Applicable: AA/AS
For General Education (GE) information, please refer to assist.org (https://assist.org) or consult a counselor.

GUIDE 010 Transfer Success 1 Unit
Students will engage in a comprehensive review of the transfer process, including a study of higher education systems, transfer admissions practices, major preparation, financial planning, and current topics related to transfer. This course offers students an opportunity to develop an individualized transfer plan in preparation for transfer to a 4-year college.

Lecture Hours: 1 Lab Hours: None Repeatable: No Grading: L
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
For General Education (GE) information, please refer to assist.org (https://assist.org) or consult a counselor.

GUIDE 050A First Year Experience College Success 2 Units
Students will acquire skills necessary to be successful in college. Students will identify personal strengths and weakness by examining and identifying barriers and learning how to identify and overcome them. Topics will include college policies, procedures, identifying programs and academic resources and student services on campus. They will develop critical thinking, study skills and gain awareness of learning styles. Students will increase awareness of cultural diversity on campus and the community.

Lecture Hours: 2 Lab Hours: None Repeatable: No Grading: L
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
For General Education (GE) information, please refer to assist.org (https://assist.org) or consult a counselor.

GUIDE 050B First Year Experience-Careers 2 Units
Students will explore careers and the current labor market. They will examine academic majors related to careers and will analyze their interests, values, and skill sets to help them in career selection. Students will complete self-assessments as part of their career planning and decision making.

Lecture Hours: 2 Lab Hours: None Repeatable: No Grading: L
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
For General Education (GE) information, please refer to assist.org (https://assist.org) or consult a counselor.

GUIDE 085 Blueprint for Success 1 Unit
Students will explore and clarify their belief systems, values, and attitudes. Students will identify personal strengths and weaknesses by examining and identifying barriers and learning how to overcome obstacles for their success. They will learn how to apply techniques such as time and stress management, and goal setting.

Lecture Hours: 1 Lab Hours: None Repeatable: No Grading: L
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AS
For General Education (GE) information, please refer to assist.org (https://assist.org) or consult a counselor.

GUIDE 087 Developing and Sharpening College Skills 3 Units
Students will learn how to identify, develop, and apply college skills such as note-taking, studying, test-taking, critical thinking, and effective decision-making by understanding and gaining an awareness of their preferred learning modality. This will help build up and encourage students to identify personal and educational values that align with their college goals. Students will recognize the importance of utilizing campus resources such as the library, support programs, and learning centers, which place emphasis on the progression of the development of student success academically, professionally, and personally.

Lecture Hours: 3 Lab Hours: None Repeatable: No Grading: L
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
For General Education (GE) information, please refer to assist.org (https://assist.org) or consult a counselor.

GUIDE 096 Career and Life Planning 3 Units
Students examine career/major options, as well as attainment of life-long success in academic, professional, and personal development. Emphasis is on interest and personality testing, values clarification, career information, research skills, individual skills assessment, decision making and goal setting. Students acquire skills in professional planning including job search techniques, resume writing, and interviewing.

Lecture Hours: 3 Lab Hours: None Repeatable: No Grading: L
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
For General Education (GE) information, please refer to assist.org (https://assist.org) or consult a counselor.

GUIDE 097 Connecting to and Navigating College, An Orientation 1 Unit
Students are introduced to San Jose City College, including programs, support services, academic policies, and educational options. At the conclusion of the course, students will be able to identify or explain the California higher education system, the differences between high school and college, and retention strategies for student success. Additionally, students will learn about SJCC certificate programs and degrees, general education requirements for transfer and graduation, as well as the registration process and basic educational planning.

Lecture Hours: 1 Lab Hours: None Repeatable: No Grading: O
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: None Degree Applicable: AS
For General Education (GE) information, please refer to assist.org (https://assist.org) or consult a counselor.

GUIDE 097A Orientation to College - Part I 0.5 Units
Students receive an introduction to San Jose City College, including programs, support services, academic policies, and educational options. Students will learn key terms and ideas that support student success. At the conclusion of the course, students will be able to identify or explain the California higher education system, important SJCC programs and services, the differences between high school and college, and retention strategies for student success.

Lecture Hours: 0.5 Lab Hours: None Repeatable: No Grading: K
Open Curriculum: No prerequisite, corequisite or advisory levels
Transfer Status: None Degree Applicable: NAA
For General Education (GE) information, please refer to assist.org (https://assist.org) or consult a counselor.

GUIDE 098 Directed Study in Guidance 0.5-9 Units
Individual or small groups of students, with previous course work in the discipline, who would benefit from Independent Study under the direction of faculty members in specific or related disciplines, may develop individualized learning contracts designed to enhance their individual instructional programs. The students and the faculty member in consultation with the Division Dean will determine appropriate learning objectives and activities as well as the numbers of units to be earned. Instructions and the Learning Contract forms are available in the Division Office. Repeatable to a maximum of 9 units across all disciplines.

Lecture Hours: None Lab Hours: 2.07 Repeatable: Yes Grading: L
Prerequisite: GUIDE 010, GUIDE 050A, GUIDE 050B, GUIDE 085, GUIDE 087, GUIDE 096 or GUIDE 130; all with C or better
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU Degree Applicable: AA/AS
For General Education (GE) information, please refer to assist.org (https://assist.org) or consult a counselor.

GUIDE 130 College and Life Success 3 Units
Students will acquire skills and resources that will help them to become successful college students as well as aid them throughout their lives. Topics will include college policies, procedures, programs, and academic and student services. They will develop critical thinking and study skills, gain awareness of learning styles and strategies, and time management. Career research, selection, self-assessment, and educational planning will be introduced. Students examine their health wellness, stress management, and financial literacy. They will increase awareness of cultural diversity and intercultural communication both professionally and personally, including instructor-student interaction and student-student relationships.

Lecture Hours: 3 Lab Hours: None Repeatable: No Grading: L
Advisory Level: Read: 3 Write: 3 Math: None
Transfer Status: CSU/UC Degree Applicable: AA/AS
For General Education (GE) information, please refer to assist.org (https://assist.org) or consult a counselor.