

# KINESIOLOGY- ATHLETICS, WOMEN (KINAW)

## **KINAW 012A Intercollegiate Basketball - Women 2 Units**

Student athletes will practice and participate in women's intercollegiate basketball competition. They will improve skills in leadership, team play, sportsmanship, and in balancing academics and athletics. Students may also participate in college and community activities.

Lecture Hours: None Lab Hours: 6 Repeatable: Yes Grading: L  
Required: Medical examination clearance and athletic eligibility per Commission on Athletics Constitution and by-laws  
Advisory Level: Read: 3 Write: 3 Math: None  
Transfer Status: CSU/UC Degree Applicable: AA/AS  
For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

## **KINAW 012B Intercollegiate Basketball - Women 1 Unit**

Student athletes will practice and participate in women's intercollegiate basketball competition. They will improve skills in leadership, team play, sportsmanship, and in balancing academics and athletics. Students may also participate in college and community activities. It may be repeated to meet the requirements of the California Community College Athletic Association (CCCCAA) eligibility.

Lecture Hours: None Lab Hours: 3 Repeatable: Yes Grading: L  
Prerequisite: Medical examination clearance and athletic eligibility per Commission on Athletics Constitution and by-laws. Must be a student-athlete at San Jose City College.  
Advisory Level: Read: 3 Write: 3 Math: None  
Transfer Status: CSU/UC Degree Applicable: AA/AS  
For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

## **KINAW 018 Intercollegiate Cross-Country - Women 3 Units**

Student athletes will practice and participate in women's intercollegiate cross-country competition. Students will improve skills in leadership, team play, sportsmanship, and in balancing academics, and athletics. Students may also participate in college and community activities. Participation in off-campus competitions is required.

Lecture Hours: None Lab Hours: 10 Repeatable: Yes Grading: L  
Corequisite: Medical examination clearance and athletic eligibility per Commission on Athletics Constitution and by-laws  
Advisory Level: Read: 3 Write: 3 Math: None  
Transfer Status: CSU/UC Degree Applicable: AA/AS  
For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

## **KINAW 040 Intercollegiate Softball 3 Units**

Student athletes will practice and participate in women's intercollegiate softball competition. They will improve skills in leadership, team play, sportsmanship, and in balancing academics and athletics. Students may also participate in college and community activities. Participation in off-campus competitions is required.

Lecture Hours: None Lab Hours: 10 Repeatable: Yes Grading: L  
Corequisite: Medical examination clearance and athletic eligibility per Commission on Athletics Constitution and by-laws  
Advisory Level: Read: 3 Write: 3 Math: None  
Transfer Status: CSU/UC Degree Applicable: AA/AS  
For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

## **KINAW 048 Intercollegiate Track and Field - Women 3 Units**

Student athletes will practice and participate in intercollegiate competition in women's track and field. They will improve skills in leadership, team play, sportsmanship, and in balancing academics and athletics. Students may also participate in college and community activities. Participation in off-campus competitions is required.

Lecture Hours: None Lab Hours: 10 Repeatable: Yes Grading: L  
Corequisite: Medical examination clearance and athletic eligibility per Commission on Athletics Constitution and by-laws  
Advisory Level: Read: 3 Write: 3 Math: None  
Transfer Status: CSU/UC Degree Applicable: AA/AS  
For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

## **KINAW 052 Intercollegiate Volleyball 3 Units**

Student athletes will practice and participate in women's volleyball. Students will be involved in physical conditioning, skill development, team work development, development of competition strategies, and intercollegiate league play. Students may also participate in college and community activities. Participation in off-campus competitions is required.

Lecture Hours: None Lab Hours: 10 Repeatable: Yes Grading: L  
Corequisite: Medical examination clearance and athletic eligibility per Commission on Athletics Constitution and by-laws.  
Advisory Level: Read: 3 Write: 3 Math: None  
Transfer Status: CSU/UC Degree Applicable: AA/AS  
For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.