

NUTRITION AND DIETETICS - ASSOCIATE IN SCIENCE FOR TRANSFER

The Associate in Science degree for Transfer (AS-T) in Nutrition and Dietetics meets the lower division course requirements necessary for the California State University (CSU) system. This degree prepares students to transfer to Nutrition and Dietetics four-year programs, and provides students opportunities to become dietitians, nutrition counselors, nutrition educators, and sports nutritionists. Nutrition is critical to medicine, health, and physical fitness: professions with rapid growth and demand.

To be awarded the Associate in Arts in Nutrition and Dietetics for Transfer degree, students must:

(1) Complete 60 semester units or 90 quarter units which are eligible for transfer to the California State University (CSU) system, including both of the following:

(A) The California General Education Transfer Curriculum (Cal-GETC) Requirements.

(B) A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.

(2) Obtain a minimum grade point average of 2.0.

While a minimum of 2.0 is required for admission, some majors may require a higher GPA. Please consult with a counselor for more information.

Associate Degrees for Transfer (ADTs) also require that students must earn a "C" or better in all courses required for the major or area of emphasis. A "P" (Pass) grade is an acceptable grade for courses in the major if the course is taken on a "pass/no pass" basis.

Upon successful completion of this program, students will be able to:

- Assess the role of nutrients in the body, proper dietetic nutrient levels, and the effects of deficiencies upon the body.
- Examine and compare various food preparation methods, ingredient functions and interactions to retain maximum nutritional value and aesthetic appeal for foods in all food groups.
- Appraise scientific principles, basic terminology and techniques of food preparation.

Major Requirements

Course	Title	Credits
Required Core:		16
BIOL 074	General Microbiology	5
CHEM 001A	General Chemistry	5
FCS 019	Nutrition	3
PSYC C1000	Introduction to Psychology	3
List A: Complete Two Courses		8-10
BIOL 071 or BIOL 072	Human Anatomy Human Physiology	5
CHEM 001B	General Chemistry	5
STAT C1000	Introduction to Statistics	3

List B: Complete One Course. Cannot use STAT C1000 if already used for List A.		3-4
CHEM 015	Fundamentals of Chemistry	4
CHEM 032A	Intro to General, Organic, & Biological Chemistry	4
CHEM 032B	Intro to General, Organic, & Biological Chemistry	4
FCS 018	Principles of Foods With Lab	3
STAT C1000	Introduction to Statistics	3
Total Units		27-30

AS-T Degree Requirements

Course	Title	Credits
Major Requirements		27-30
Cal-GETC Requirements		34
Transferable Electives (as needed to reach 60)		6-12
Total Units		60