

ESTHETICS (ESTI)

ESTI 150 Advanced Esthetic Techniques 3 Units

Students will explore advanced and holistic esthetic practices using current industry technologies and trends to enhance their professional competence and employability. Coursework integrates theory and hands-on application, including advanced facial massage, dermaplaning, superficial chemical peels, microdermabrasion, body wraps, and holistic spa therapies such as aromatherapy and Shirodhara. Students perform treatments in simulated salon, spa, and clinical settings, applying professional safety and sanitation standards.

Lecture Hours: 1.5 Lab Hours: 4.5 Repeatable: No Grading: L

Prerequisite: COS 130B with C or better

Advisory Level: Read: 3 Write: 3 Math: 2

Transfer Status: None Degree Applicable: NAA

For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.