

ALCOHOL AND DRUG STUDIES PEER MENTOR - CERTIFICATE OF SPECIALIZATION

According to the Substance Abuse and Mental Health Services Administration (SAMHSA), a peer provider (e.g., certified peer specialist, peer support specialist, recovery coach) is a person who uses his or her "lived experience" of recovery from mental illness and/or addiction, plus skills learned in formal training, to deliver services in behavioral health settings to promote mind-body recovery and resiliency. The ADS Peer Mentor Certificate is designed to provide the foundation for students to successfully complete the CCAPP (California Consortium of Addiction Professionals and Programs) Certified Peer Recovery Specialist (CPRS) certification.

Program Learning Outcomes

- Apply ethics-based support skills with behavioral health clients to support client wellness.
- Examine integrated recovery-oriented approaches and assist clients to expand from symptom-based treatment of mental illness and addiction to recovery of the whole person
- Identify ability to apply core values and essential skills of a peer specialist

Major Requirements

| Course | Title | Credits |
|--------------------|--|----------|
| ADS 074 | Ethics, and Personal and Professional Growth | 3 |
| ADS 078 | Integrated Behavioral Health | 3 |
| ADS 090 | Peer Advocacy and Wellness | 2 |
| ADS 138 | Work Experience | 1-6 |
| Total Units | | 9 |