

ALCOHOL AND DRUG STUDIES - PEER MENTOR - CERTIFICATE OF SPECIALIZATION

According to the Substance Abuse and Mental Health Services Administration (SAMHSA), a peer provider (e.g., certified peer specialist, peer support specialist, recovery coach) is a person who uses his or her "lived experience" of recovery from mental illness and/or addiction, plus skills learned in formal training, to deliver services in behavioral health settings to promote mind-body recovery and resiliency. The ADS Peer Mentor Certificate is designed to provide the foundation for students to successfully complete the CCAPP (California Consortium of Addiction Professionals and Programs) Certified Peer Recovery Specialist (CPRS) certification.

Upon successful completion of this program, students will be able to:

- Apply ethics-based support skills with behavioral health clients to support client wellness.
- Examine integrated recovery-oriented approaches and assist clients to expand from symptom-based treatment of mental illness and addiction to recovery of the whole person
- Identify ability to apply core values and essential skills of a peer specialist

Course	Title	Credits
Required Courses		
ADS 074	Ethics, and Personal and Professional Growth	3
ADS 138	Work Experience	1-6
ADS 090	Peer Advocacy and Wellness	2
ADS 078	Integrated Behavioral Health	3
Total Units		9