

ASSOCIATE IN ARTS GENERAL EDUCATION (GE) PATTERN

Courses listed in more than one area will NOT be applied to more than one GE area/subarea: A-F (excluding B3). For a course to meet an AA GE requirement, the course must be on the AA GE pattern during the academic year it was completed. Use of credit from previous academic years and from other California Community Colleges can be verified on www.assist.org

AREA A: English Language Communication and Critical Thinking

Minimum 9 units - three courses: one course from each subarea with grades of "C" or better.

| Course | Title | Credits |
|----------------------------------|-------------------------------|---------|
| A1: Oral Communication | | |
| COMS 010 | Interpersonal Communication | 3 |
| COMS 020 | Oral Communication | 3 |
| COMS 040 | Introduction to Argumentation | 3 |
| COMS 045 | Small Group Communication | 3 |
| A2: Written Communication | | |
| ENGL 001A | English Composition | 3 |
| A3: Critical Thinking | | |
| COMS 040 | Introduction to Argumentation | 3 |
| ENGL 001C | Critical Thinking/Composition | 3 |
| PHIL 060 | Logic and Critical Thinking | 3 |
| READ 010 | Critical Reading | 3 |

AREA B: Scientific Inquiry and Quantitative Reasoning

Minimum 9 units - one course from each subarea: B1, B2, and B4.

B3 may be satisfied with a B1 or a B2 course that contains a laboratory component (these courses are also listed in B3).

B4 with a "C" grade or better

| Course | Title | Credits |
|-----------------------------|---|---------|
| B1: Physical Science | | |
| ASTRO 010 | Introduction to Astronomy ¹ | 3 |
| CHEM 001A | General Chemistry | 5 |
| | or CHEM 001AHonors General Chemistry | |
| CHEM 001B | General Chemistry | 5 |
| CHEM 010 | Everyday Chemistry | 4 |
| CHEM 012A | Organic Chemistry | 5 |
| CHEM 012B | Organic Chemistry | 5 |
| CHEM 015 | Fundamentals of Chemistry | 4 |
| | or CHEM 015H Honors Fundamentals of Chemistry | |
| CHEM 032A | Intro to General, Organic, & Biological Chemistry | 4 |
| CHEM 032B | Intro to General, Organic, & Biological Chemistry | 4 |
| CHEM 061 | Introduction to Fermentation Chemistry | 3 |
| CHEM 065 | Quantitative Analysis | 4 |

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| ENVIR 010 | Environmental Science | 4 |
| GEOG 010 | Introduction to Physical Geography | 3 |
| GEOL 010 | Physical Geology ¹ | 3 |
| GEOL 015 | Earth Science ¹ | 3 |
| METEO 010 | Weather and Climate | 3 |
| OCEAN 010 | Descriptive Oceanography | 3 |
| PHYS 002A | Algebra/Trigonometry-Based Physics I | 4 |
| PHYS 002B | Algebra/Trigonometry-Based Physics II | 4 |
| PHYS 004A | General Physics | 5 |
| PHYS 004B | General Physics | 5 |
| PHYS 004C | General Physics | 5 |
| B2: Life Science | | |
| ANTH 062 | Introduction to Physical Anthropology | 3 |
| BIOL 004A | General Principles and Cell Biology | 5 |
| BIOL 004B | Biodiversity and Organismal Biology | 5 |
| BIOL 020 | Human Biology | 4 |
| BIOL 021 | General Biology | 4 |
| BIOL 061 | Human Heredity | 3 |
| BIOL 062 | Plants and Human Welfare | 3 |
| BIOL 063 | Ecology | 3 |
| BIOL 064 | Marine Biology | 4 |
| BIOL 071 | Human Anatomy | 5 |
| BIOL 072 | Human Physiology | 5 |
| BIOL 074 | General Microbiology | 5 |
| ENVIR 010 | Environmental Science | 4 |
| OCEAN 010 | Descriptive Oceanography | 3 |
| PSYCH 031 | Biological Psychology | 3 |
| B3: Laboratory Activity | | |
| ASTRO 010L | Introductory Astronomy Lab ¹ | 1 |
| BIOL 004A | General Principles and Cell Biology | 5 |
| BIOL 004B | Biodiversity and Organismal Biology | 5 |
| BIOL 020 | Human Biology | 4 |
| BIOL 021 | General Biology | 4 |
| BIOL 064 | Marine Biology | 4 |
| BIOL 071 | Human Anatomy | 5 |
| BIOL 072 | Human Physiology | 5 |
| BIOL 074 | General Microbiology | 5 |
| CHEM 001A | General Chemistry | 5 |
| | or CHEM 001AHonors General Chemistry | |
| CHEM 001B | General Chemistry | 5 |
| CHEM 010 | Everyday Chemistry | 4 |
| CHEM 012A | Organic Chemistry | 5 |
| CHEM 012B | Organic Chemistry | 5 |
| CHEM 015 | Fundamentals of Chemistry | 4 |
| | or CHEM 015H Honors Fundamentals of Chemistry | |
| CHEM 032A | Intro to General, Organic, & Biological Chemistry | 4 |
| CHEM 032B | Intro to General, Organic, & Biological Chemistry | 4 |
| ENVIR 010 | Environmental Science | 4 |
| GEOL 010L | Physical Geology Laboratory ¹ | 1 |
| GEOL 015L | Earth Science Laboratory ¹ | 1 |

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| PHYS 002A | Algebra/Trigonometry-Based Physics I | 4 |
| PHYS 002B | Algebra/Trigonometry-Based Physics II | 4 |
| PHYS 004A | General Physics | 5 |
| PHYS 004B | General Physics | 5 |
| PHYS 004C | General Physics | 5 |
| B4: Mathematics/Quantitative Reasoning | | |
| BUS 060 | Business Statistics | 3 |
| CIS 107 | Technest 2: Data Science | 3 |
| MATH 020 | College Algebra | 3 |
| MATH 021 | Precalculus Algebra | 4 |
| MATH 022 | Trigonometry | 3 |
| MATH 025 | Precalculus Algebra and Trigonometry | 6 |
| MATH 052 | Mathematics for Elementary Education | 3 |
| MATH 061 | Finite Mathematics | 3 |
| MATH 062 | Calculus for Business and the Social Sciences | 3 |
| MATH 063 | Elementary Statistics | 3 |
| MATH 070 | Discrete Mathematics | 4 |
| MATH 071 | Calculus I With Analytic Geometry | 5 |
| | or MATH 071H Honors Calculus I With Analytic Geometry | |
| MATH 072 | Calculus II with Analytic Geometry | 5 |
| MATH 073 | Multivariable Calculus | 5 |
| MATH 078 | Differential Equations | 4 |
| MATH 079 | Linear Algebra | 3 |
| MATH 080 | Discrete Structures for Computer Science | 3 |
| MUSIC 095 | Music Appreciation: Jazz | 3 |
| MUSIC 099 | Introduction to Music Theory | 3 |
| THEAT 002 | Beginning Acting | 3 |
| THEAT 020 | Introduction to Theatre | 3 |
| THEAT 040 | Introduction to Film | 3 |
| THEAT 055 | Chicanx/Latinx Theatre | 3 |
| C2: Humanities | | |
| ARABC 001A | Elementary Arabic | 5 |
| ARABC 001B | Elementary Arabic | 5 |
| ENGL 001B | English Composition | 3 |
| ENGL 010 | Great Works of Literature | 3 |
| ENGL 033 | Women in Literature | 3 |
| ENGL 065 | The Short Story | 3 |
| ENGL 071A | Fundamentals of Creative Writing/Poetry | 3 |
| ENGL 071B | Fundamentals of Creative Writing/Fiction | 3 |
| ENGL 071C | Fundamentals of Creative Writing/Drama | 3 |
| ENGL 073 | Introduction to Shakespeare | 3 |
| ENGL 079 | Memoir Writing | 3 |
| ENGL 080 | Mexican-American Literature | 3 |
| ENGL 081 | Introduction to African American Literature | 3 |
| ENGL 084A | Survey of American Literature I | 3 |
| ENGL 084B | Survey of American Literature II | 3 |
| ENGL 086A | Survey of British Literature I | 3 |
| ENGL 086B | Survey of British Literature II | 3 |
| ETH 019 | The African American Family | 3 |
| ETH 020 | African American Culture | 3 |
| ETH 026 | Vietnamese Women in the U.S. | 3 |
| ETH 027 | Introduction to Race & Ethnicity in American History | 3 |
| | or ETH 027H Honors Introduction to Race & Ethnicity In American History | |
| ETH 028 | Introduction to Critical Race & Social Justice | 3 |
| ETH 029 | Women of Color in the United States | 3 |
| ETH 030 | Chicana/o Culture | 3 |
| ETH 037A | Mexican American History I | 3 |
| | or ETH 037AH Honors Mexican American History I | |
| ETH 037B | Mexican American History II | 3 |
| ETH 041 | Vietnamese American Culture | 3 |
| ETH 042 | Asian American Experience | 3 |
| FREN 001A | Elementary French | 5 |
| FREN 001B | Elementary French | 5 |
| FREN 002A | Intermediate French | 5 |
| FREN 002B | Intermediate French | 5 |
| GLOBL 007 | Global Citizenship/Civics | 3 |
| HIST 005 | History of Asian Americans | 3 |
| HIST 010A | Development of Western Culture | 3 |
| HIST 010B | Development of Western Culture | 3 |
| HIST 011A | World History to 1500 | 3 |
| HIST 011B | World History from 1500 | 3 |
| HUMNT 002 | Introduction to World Literature | 3 |
| HUMNT 003 | Introduction to Women's, Gender, and Sexuality Studies | 3 |

¹ Course fulfills laboratory requirement as long as companion course is also completed: ASTRO 010+ASTRO 010L, GEOL 010+GEOL 010L, GEOL015+GEOL015L

AREA C: Arts and Humanities

Minimum 9 units – three courses: one course from C1, one course from C2, and one additional course from C1 or C2

| Course | Title | Credits |
|-----------------|---|---------|
| C1: Arts | | |
| ART 090 | Art Appreciation | 3 |
| ART 091 | Survey of Art History: Prehistoric Through Gothic | 3 |
| ART 092 | Survey of Art History: Renaissance to the Present | 3 |
| ART 093 | Art of the Americas | 3 |
| ART 096 | Survey of Asian Art | 3 |
| DANCE 002 | Dance Appreciation | 3 |
| ETH 011 | Ethnic Film: Reel Studies | 3 |
| ETH 022 | African American Cinema | 3 |
| ETH 032 | Introduction to Chicanx/Latinx Music in The U.S. | 3 |
| | or MUSIC 032 Introduction to Chicanx/Latinx Music in The U.S. | |
| HUMNT 001 | Introduction to Visual and Performing Arts | 3 |
| MUSIC 083 | Exploring the World of Music | 3 |
| | or MUSIC 083H Honors Exploring the World of Music | |
| MUSIC 091 | Music Appreciation: Western Civilization | 3 |

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| JAPAN 001A | Elementary Japanese1 | 5 |
| JAPAN 001B | Elementary Japanese 2 | 5 |
| JAPAN 002A | Intermediate Japanese 1 | 5 |
| JAPAN 002B | Intermediate Japanese 2 | 5 |
| PHIL 010 | Introduction to Philosophy | 3 |
| PHIL 012 | Introduction to Existentialism | 3 |
| PHIL 065 | Introduction to Ethics | 3 |
| PHIL 070 | Comparative Religions | 3 |
| SL 001A | American Sign Language 1 | 3 |
| SL 001B | American Sign Language 2 | 3 |
| SL 002A | American Sign Language 3 | 3 |
| SL 002B | American Sign Language 4 | 3 |
| SPAN 001A | Elementary Spanish 1 | 5 |
| SPAN 001B | Elementary Spanish 2 | 5 |
| SPAN 002A | Intermediate Spanish 1 | 5 |
| SPAN 002B | Intermediate Spanish 2 | 5 |
| SPAN 022A | Spanish for Heritage Speakers 1 | 5 |
| SPAN 022B | Spanish for Heritage Speakers 2 | 5 |
| SPAN 031 | Introduction to Spanish Linguistics | 3 |
| SPAN 032 | Introduction to Spanish and Latin American Literature | 3 |
| THEAT 015 | Theatre History 1 | 3 |
| VIET 001A | Elementary Vietnamese 1 | 5 |
| VIET 001B | Elementary Vietnamese 2 | 5 |

One additional course from C1 or C2

AREA D: Social Sciences (Updated GE Area Effective Fall 2021*)

Minimum 6 units - two courses (students using the AA GE pattern with Area F) | *Students who began attending SJCC prior to Fall 2021 and have maintained continuous enrollment (per catalog rights policy) and are using the previous AA GE pattern without Area F must complete a minimum of 9 units with three courses from two different disciplines.

| Course | Title | Credits |
|-------------------------------------|--|---------|
| Administration of Justice | | |
| AJ 010 | Introduction to Administration of Justice | 3 |
| AJ 011 | Criminal Law | 3 |
| AJ 013 | Criminal Procedures | 3 |
| AJ 014 | Contemporary Police Issues | 3 |
| AJ 016 | Street Law | 3 |
| AJ 019 | Law Enforcement in Multicultural Communities | 3 |
| AJ 113 | Violent Crime in America | 3 |
| AJ 116 | Introduction to Corrections | 3 |
| Alcohol Drug Studies | | |
| ADS 070 | Introduction to Chemical Dependency | 3 |
| Anthropology and Archaeology | | |
| ANTH 062 | Introduction to Physical Anthropology | 3 |
| ANTH 063 | Introduction to Social and Cultural Anthropology | 3 |
| Communication Studies | | |
| COMS 010 | Interpersonal Communication | 3 |

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| COMS 018 | Introduction to Communication Studies | 3 |
| COMS 035 | Intercultural Communication | 3 |
| Computer Information Systems | | |
| CIS 041 | Introduction to Computer Information Systems | 3 |
| Early Childhood Education | | |
| ECE 107 | Child, Family and Community | 3 |
| Economics | | |
| ECON 010A | Principles of Macroeconomic Theory | 3 |
| ECON 010B | Introduction to Microeconomic Theory | 3 |
| English | | |
| ENGL 033 | Women in Literature | 3 |
| ENGL 080 | Mexican-American Literature | 3 |
| ENGL 081 | Introduction to African American Literature | 3 |
| Ethnic Studies | | |
| ETH 018 | The African American Male Experience | 3 |
| ETH 019 | The African American Family | 3 |
| ETH 020 | African American Culture | 3 |
| ETH 022 | African American Cinema | 3 |
| ETH 026 | Vietnamese Women in the U.S. | 3 |
| ETH 027 | Introduction to Race & Ethnicity in American History | 3 |
| or ETH 027H | Honors Introduction to Race & Ethnicity In American History | |
| ETH 028 | Introduction to Critical Race & Social Justice | 3 |
| ETH 029 | Women of Color in the United States | 3 |
| ETH 030 | Chicana/o Culture | 3 |
| ETH 031 | Social Justice Issues in Chicanx Communities | 3 |
| ETH 037A | Mexican American History I | 3 |
| or ETH 037AH | Honors Mexican American History I | |
| ETH 037B | Mexican American History II | 3 |
| ETH 041 | Vietnamese American Culture | 3 |
| ETH 042 | Asian American Experience | 3 |
| Family and Consumer Studies | | |
| FCS 070 | Child Development | 3 |
| Geography | | |
| GEOG 010 | Introduction to Physical Geography | 3 |
| GEOG 011 | Introduction to Cultural Geography | 3 |
| GEOG 012 | World Regions in Global Context | 3 |
| Global Studies | | |
| GLOBL 001 | Introduction to Global Studies | 3 |
| GLOBL 002 | Global Issues | 3 |
| GLOBL 003 | Introduction to Sustainability | 3 |
| GLOBL 007 | Global Citizenship/Civics | 3 |
| GLOBL 012 | World Regions in Global Context | 3 |
| Health Education | | |
| HED 010 | Introduction to Public Health | 3 |
| History | | |
| HIST 001 | Survey of American History | 3 |
| or HIST 001H | Honors Survey of American History | |
| HIST 005 | History of Asian Americans | 3 |

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| HIST 009 | Women in American History | 3 |
| HIST 010A | Development of Western Culture | 3 |
| HIST 010B | Development of Western Culture | 3 |
| HIST 011A | World History to 1500 | 3 |
| HIST 011B | World History from 1500 | 3 |
| HIST 017A | History of the United States | 3 |
| or HIST 017AH | Honors History of the United States | |
| HIST 017B | History of the United States | 3 |
| or HIST 017BH | Honors History of the United States | |
| HIST 021 | African American History | 3 |
| HIST 024 | History and Culture of the American Indian | 3 |
| Humanities | | |
| HUMNT 003 | Introduction to Women's, Gender, and Sexuality Studies | 3 |
| Journalism | | |
| JOURN 021 | Mass Media and Society | 3 |
| Kinesiology | | |
| KIN 010 | Sports in Society | 3 |
| Political Science | | |
| POLSC 001 | Politics and Government In America | 3 |
| or POLSC 001H | Honors Politics and Government in America | |
| POLSC 002 | Comparative Politics | 3 |
| POLSC 004 | International Relations | 3 |
| POLSC 005 | International Law and Human Rights | 3 |
| Psychology | | |
| PSYCH 010 | General Psychology | 3 |
| or PSYCH 010H | Honors General Psychology | |
| PSYCH 012 | Social Psychology | 3 |
| PSYCH 020 | Psychology of Stress Reduction | 3 |
| PSYCH 022 | Research Methods in Psychology | 3 |
| PSYCH 031 | Biological Psychology | 3 |
| PSYCH 035 | Psychology of Women | 3 |
| PSYCH 041 | The Psychology of Developmental Disabilities | 3 |
| PSYCH 060 | Personal Growth and Adjustment | 3 |
| PSYCH 092 | Developmental Psychology | 3 |
| PSYCH 099 | Abnormal Psychology | 3 |
| PSYCH 100 | Human Sexuality | 3 |
| Sign Language | | |
| SL 015 | Deaf Culture | 3 |
| Sociology | | |
| SOC 010 | Introduction to Sociology | 3 |
| or SOC 010H | Honors Introduction to Sociology | |
| SOC 011 | Social Problems | 3 |
| SOC 017 | Sociology of Marriage and Family | 3 |

AREA E: Lifelong Learning and Self-Development

Minimum 3 units - one lecture course (if needed, only 1 unit of physical activity may be used in this area)

| Course | Title | Credits |
|--------------------------|---|---------|
| ADS 075A | Counseling Theories and Skills | 3 |
| FCS 019 | Nutrition | 3 |
| FCS 070 | Child Development | 3 |
| GUIDE 050A | First Year Experience College Success | 2 |
| GUIDE 050B | First Year Experience-Careers | 2 |
| GUIDE 087 | Developing and Sharpening College Skills | 3 |
| GUIDE 096 | Career and Life Planning | 3 |
| GUIDE 130 | College and Life Success | 3 |
| HED 011 | Dynamic Health Concepts | 3 |
| KIN 005 | Introduction to Kinesiology | 3 |
| KIN 010 | Sports in Society | 3 |
| KIN 095 | Life Skills for the Student Athlete | 3 |
| PSYCH 020 | Psychology of Stress Reduction | 3 |
| PSYCH 035 | Psychology of Women | 3 |
| PSYCH 060 | Personal Growth and Adjustment | 3 |
| PSYCH 092 | Developmental Psychology | 3 |
| PSYCH 100 | Human Sexuality | 3 |
| Physical Activity | | |
| APE 030E | Adapted Fitness for Life | 1 |
| APE 053E | Adapted Low Impact Walking/Jogging for Health | 1 |
| APE 056E | Adapted Weight Training | 1 |
| DANCE 006 | Dance Conditioning and Injury Prevention | 1 |
| DANCE 010 | Ballet, Beginning 1 | 1 |
| DANCE 010B | Ballet, Beginning 2 | 1 |
| DANCE 011 | Ballet, Intermediate I | 1 |
| DANCE 011B | Ballet, Intermediate 2 | 1 |
| DANCE 011C | Ballet, Advanced | 1 |
| DANCE 013A | Dancers' Workshop - Student, Large Group | 0.5-1 |
| DANCE 013B | Dancers' Workshop - Student, Small Group | 0.5-1 |
| DANCE 013C | Dancers' Workshop - Student, Solo/Duet | 0.5-1 |
| DANCE 014A | Rehearsal and Performance - Modern Dance | 0.5-1.5 |
| DANCE 014B | Rehearsal and Performance - Jazz Dance | 0.5-1.5 |
| DANCE 014C | Rehearsal and Performance - Hip-Hop Dance | 0.5-1.5 |
| DANCE 014D | Rehearsal and Performance - Tap Dance | 0.5-1.5 |
| DANCE 014E | Rehearsal and Performance - Ballroom Dance | 0.5-1.5 |
| DANCE 014F | Rehearsal and Performance - Ballet | 0.5-1.5 |
| DANCE 015 | Dance Team: Rehearsal and Performance 1 | 2 |
| DANCE 015B | Dance Team: Rehearsal and Performance 2 | 2 |
| DANCE 020 | Jazz-Contemporary Dance, Beginning 1 | 1 |
| DANCE 020B | Jazz-Contemporary Dance, Beginning 2 | 1 |
| DANCE 021 | Jazz-Contemporary, Intermediate 1 | 1 |
| DANCE 021B | Jazz-Contemporary Dance, Intermediate 2 | 1 |
| DANCE 023B | Hip-Hop Dance, Beginning | 1 |
| DANCE 023C | Hip-hop Dance, Intermediate | 1 |
| DANCE 030 | Dance Improvisation | 1.5 |
| DANCE 032 | Choreography | 1.5 |
| DANCE 034A | Choreography Workshop - Large Group | 1 |
| DANCE 034B | Choreography Workshop - Small Group | 1 |

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| DANCE 034C | Choreography Workshop - Solo/Duet | 1 |
| DANCE 040B | Tap Dance, Beginning | 0.5 |
| DANCE 040C | Tap Dance, Intermediate | 0.5 |
| DANCE 050 | Modern-Contemporary Dance, Beginning 1 | 1 |
| DANCE 050B | Modern-Contemporary Dance, Beginning 2 | 1 |
| DANCE 051 | Modern-Contemporary Dance, Intermediate 1 | 1 |
| DANCE 051B | Modern-Contemporary Dance, Intermediate 2 | 1 |
| DANCE 064 | Ballroom Dance, Beginning | 0.5 |
| DANCE 065 | Ballroom Dance, Intermediate | 0.5 |
| DANCE 066 | Intermediate Ballroom - Latin | 1 |
| DANCE 067 | Intermediate Ballroom - Swing | 1 |
| KINA 011 | Sport-Specific Training for the Intercollegiate Athlete | 1 |
| KINA 057 | Cross-Training for the Intercollegiate Athlete | 1 |
| KINAM 012A | Intercollegiate Basketball - Men | 2 |
| KINAM 012B | Intercollegiate Basketball - Men | 1 |
| KINAM 018 | Intercollegiate Cross-Country - Men | 3 |
| KINAM 020 | Intercollegiate Football | 3 |
| KINAM 024 | Intercollegiate Golf | 3 |
| KINAM 048 | Intercollegiate Track and Field - Men | 3 |
| KINAW 012A | Intercollegiate Basketball - Women | 2 |
| KINAW 012B | Intercollegiate Basketball - Women | 1 |
| KINAW 018 | Intercollegiate Cross-Country - Women | 3 |
| KINAW 040 | Intercollegiate Softball | 3 |
| KINAW 048 | Intercollegiate Track and Field - Women | 3 |
| KINAW 052 | Intercollegiate Volleyball | 3 |
| KINPE 008 | Archery | 1 |
| KINPE 008B | Intermediate Archery | 1 |
| KINPE 009 | Badminton | 1 |
| KINPE 009B | Intermediate Badminton | 1 |
| KINPE 012 | Basketball | 1 |
| KINPE 012B | Intermediate Basketball | 1 |
| KINPE 013 | Advanced Football | 1 |
| KINPE 017 | Beginning Pickleball | 1 |
| KINPE 019 | Tae Kwon Do | 1 |
| KINPE 023 | Cardio Kickboxing | 1 |
| KINPE 024 | Beginning Golf | 1 |
| KINPE 030 | Fit for Life | 1 |
| KINPE 038 | Soccer | 1 |
| KINPE 038A | Intermediate Soccer | 1 |
| KINPE 039 | Hatha Yoga | 1 |
| KINPE 039B | Hatha Yoga-Intermediate | 1 |
| KINPE 040 | Softball | 1 |
| KINPE 041 | Pilates Mat Workout | 1 |
| KINPE 043 | Body Sculpting | 1 |
| KINPE 044 | Core, Alignment, and Resistance Exercise on the Ball | 1 |
| KINPE 048 | Track and Field | 1 |
| KINPE 050 | Cross Fitness | 1 |
| KINPE 052 | Volleyball | 1 |

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| KINPE 053 | Walking/Jogging for Health | 1 |
| KINPE 055 | Step Aerobics | 1 |
| KINPE 056 | Beginning Weight Training | 1 |
| KINPE 056B | Intermediate Weight Training | 1 |
| KINPE 059 | Yoga for Stress Management | 1 |
| KINPE 070 | Beginning Hiking | 1 |
| KINPE 099A | Spin Cycling | 1 |
| KINPE 099B | Intermediate Spin Cycling | 1 |

AREA F: Ethnic Studies (GE Area Effective Fall 2021*)

Minimum 3 units - one course | *Students who began attending SJCC prior to Fall 2021 and have maintained continuous enrollment (per catalog rights policy) and are using a previous Academic Year's CSU AA pattern are not required to satisfy this new Area F.* Please consult with an academic counselor for more information.

**Area F: Ethnic Studies - This GE Area was effective starting Fall 2021. New students and students who are returning who do not have Catalog Rights (please refer to the Catalog Rights policy within this catalog) are required to follow this updated GE pattern which contains Area F. Students who have been continuously enrolled and have Catalog Rights to previous Academic Years, may choose which catalog year they use for the purpose of degree and certificate conferment. Consult with an academic counselor for more information and to ensure appropriate educational planning.*

AA GE pattern Starting Fall 2021 - Area D: two courses (6 units), Area F: one course (3 units)

AA GE pattern Prior to Fall 2021 - Area D: three courses from at least two different disciplines (9 units), Area F: n/a

| Course | Title | Credits |
|-------------|---|---------|
| ETH 018 | The African American Male Experience (This course satisfies Area F starting Fall 2021. Completion of this course prior to Fall 2022 will only satisfy another GE Area as indicated on ASSIST.org) | 3 |
| ETH 027 | Introduction to Race & Ethnicity in American History (This course satisfies Area F starting Fall 2021. Completion of this course prior to Fall 2021 will only satisfy another GE Area as indicated on ASSIST.org) | 3 |
| or ETH 027H | Honors Introduction to Race & Ethnicity In American History | |
| ETH 031 | Social Justice Issues in Chicanx Communities (This course satisfies Area F starting Fall 2022. Completion of this course prior to Fall 2022 will only satisfy another GE Area as indicated on ASSIST.org) | 3 |
| ETH 033 | Chicana Feminism (This course satisfies Area F starting Fall 2021. Completion of this course prior to Fall 2022 will only satisfy another GE Area as indicated on ASSIST.org) | 3 |

ETH 035 Introduction to Chicanx Studies (This course satisfies Area F starting Fall 2021. Completion of this course prior to Fall 2022 will only satisfy another GE Area as indicated on ASSIST.org) 3

ETH 042 Asian American Experience (This course satisfies Area F starting Fall 2021. Completion of this course prior to Fall 2022 will only satisfy another GE Area as indicated on ASSIST.org) 3

U.S. History, Constitution, and American Ideals (*US-1, US-2, and US-3*)

Complete one of the following options. These courses may also be used to satisfy units in Area C or D.

| Course | Title | Credits |
|---|---|---------|
| OPTION 1: | | |
| ETH 037A or ETH 037AH | Mexican American History I Honors Mexican American History I | 3 |
| AND | | |
| ETH 037B | Mexican American History II | 3 |
| OPTION 2: | | |
| HIST 017A or HIST 017AH | History of the United States Honors History of the United States | 3 |
| AND | | |
| HIST 017B or HIST 017BH | History of the United States Honors History of the United States | 3 |
| OPTION 3: | | |
| ETH 037A or ETH 037AH | Mexican American History I Honors Mexican American History I | 3 |
| AND | | |
| HIST 017B or HIST 017BH | History of the United States Honors History of the United States | 3 |
| OPTION 4: | | |
| HIST 017A or HIST 017AH | History of the United States Honors History of the United States | 3 |
| AND | | |
| ETH 037B | Mexican American History II | 3 |
| OPTION 5: | | |
| POLSC 001 or POLSC 001H | Politics and Government In America Honors Politics and Government in America | 3 |
| AND | | |
| HIST 001 or HIST 001H or HIST 005 or HIST 009 or HIST 021 or HIST 024 or ETH 037A or ETH 037AH or ETH 037B or HIST 017A or HIST 017AH | Survey of American History Honors Survey of American History History of Asian Americans Women in American History African American History History and Culture of the American Indian Mexican American History I Honors Mexican American History I Mexican American History II History of the United States Honors History of the United States | 3 |

or HIST 017B History of the United States
or HIST 017BH Honors History of the United States

Total Requirements

| Course | Title | Credits |
|---------------------------------|-------|-----------|
| Minimum GE for AA Degree | | 39 |

Additional Graduation Requirements

| Course | Title | Credits |
|---|-------|---------|
| Cultural Pluralism/Ethnic Studies | | |
| Completion of an Area F course will meet this requirement. | | |
| Grade Point Average | | |
| Minimum 2.0 GPA. | | |
| Math Competency | | |
| B4 course with a grade of "C" or better | | |
| Major Coursework | | |
| Courses must be completed with grades of "C" or better; A "P" (Pass) grade is an acceptable grade for courses in the major if the course is taken on a "Pass/No Pass" basis. Review catalog and consult with a counselor. | | |
| Physical Activity | | |
| 1 unit from Area E - Physical Activity | | |
| Reading/Written Expression Competency | | |
| A2 course - ENGL 001A with a grade of "C" or better | | |
| Residency | | |
| Complete at least 12 semester units in residence at SJCC. | | |
| U.S. History, Constitution, and American Ideals | | |
| Complete one of the five options listed above. | | |

| Course | Title | Credits |
|--|-------|-----------|
| Total Minimum Applicable Units Required for AA Degree | | 60 |