

# COSMETOLOGY (COS)

## **COS X109 Senior Laboratory Special Problems 1-13 Units**

Continuing students attend this laboratory class in order to complete the Board of Barbering and Cosmetology state board licensing requirements of 1600 hours and credits. This course is variable unit (1.0 to 13.0 units) depending on the student's requirement needs.

Lecture Hours: 5 Lab Hours: 35 Repeatable: Yes Grading: L  
Prerequisite: COS 010B and COS 105B, both with C or better.  
Advisory Level: Read: 3 Write: 3 Math: 1  
Transfer Status: CSU Degree Applicable: AA/AS  
For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

## **COS 010A Cosmetology Freshman Theory 5 Units**

Students are introduced to the field of cosmetology, including history, career paths, professional image, and communication skills needed in a professional salon setting. Students focus on the structure, growth, and infection prevention of hair, skin, and nails. They also study chemical compounds in cosmetology products and their effect on the human body. Cosmetology 010A is the first course in a sequence required in cosmetology. This course, along with COS 010B, COS 105A, and COS 105B, meets the District lab science requirement for Cosmetology majors only.

Lecture Hours: 5 Lab Hours: None Repeatable: No Grading: L  
Corequisite: COS 105A, previous or concurrent  
Advisory Level: Read: 3 Write: 3 Math: 1  
Transfer Status: CSU Degree Applicable: AA/AS  
For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

## **COS 010B Cosmetology Senior Theory 5 Units**

Students advance in theory skills learning in-depth information including electricity, light therapy, anatomy, physiology, rules and regulations of Board of Barbering and Cosmetology, business management and people skills. Students are required to keep a note-book and to write reports which include deductive reasoning and critical thinking. This course, along with COS 010A, COS 105A, and COS 105B, meets the District lab science requirement.

Lecture Hours: 5 Lab Hours: None Repeatable: No Grading: L  
Prerequisite: COS 010A with C or better  
Corequisite: COS 105B  
Advisory Level: Read: 3 Write: 3 Math: 1  
Transfer Status: CSU Degree Applicable: AA/AS  
For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

## **COS 105 Cosmetology Professional Skills 11.5 Units**

Continuing students will attend this advanced course in order to meet the California State Board of Barbering and Cosmetology licensing eligibility requirement of 1600 hours. Students study health and safety standards of the profession of cosmetology. Students apply these standards in the practicum of hair design, hair sculpting (cutting), hair coloring, perm design, shampooing, manicuring, make-up, facials, scalp massage, hair removal by wax and tweezers, hair relaxing, thermal styling, braiding/hair extensions, and spa pedicures.

Lecture Hours: 5 Lab Hours: 19.5 Repeatable: No Grading: L  
Prerequisite: COS 010A and COS 105A, both with C or better.  
Advisory Level: Read: 3 Write: 3 Math: None  
Transfer Status: CSU Degree Applicable: AA/AS  
For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

## **COS 105A Cosmetology Freshman Laboratory 16 Units**

Students will apply the technical and theoretical knowledge related to basic skills in cosmetology, current salon techniques, and trends. Emphasis is placed on application skills of hair coloring, permanent waving, chemical relaxing, hair styling, hair cutting, manicuring, facials, eyebrow arching, make-up, and scalp and hair treatments. Client safety and sanitary precautions for each practical service is emphasized. This course, along with COS 010A, COS 010B, and COS 105B, meets the District lab science requirement.

Lecture Hours: 5 Lab Hours: 32.5 Repeatable: No Grading: L  
Corequisite: COS 010A  
Advisory Level: Read: 3 Write: 3 Math: 1  
Transfer Status: CSU Degree Applicable: AA/AS  
For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

## **COS 105B Cosmetology Senior Laboratory 16 Units**

Students advance in lab skills learning in-depth manipulative techniques in hair styling, hair cutting, hair coloring, permanent waving, manicuring, makeup, facials, scalp massage, hair removal, shampooing, chemical relaxing, thermal styling, pedicures, artificial nails, and other procedures required by the Board of Barbering and Cosmetology. Students will also study the social, cultural, psychological, and business implications of a Cosmetology career. This course, along with COS 010A, COS 010B, and COS 105A, meets the District lab science requirement.

Lecture Hours: 5 Lab Hours: 32.5 Repeatable: No Grading: L  
Prerequisite: COS 105A with C or better  
Corequisite: COS 010B  
Advisory Level: Read: 3 Write: 3 Math: None  
Transfer Status: CSU Degree Applicable: AA/AS  
For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

**COS 110A Cosmetology Fundamentals 1 9.5 Units**

Students will be introduced to the field of cosmetology, including history, career paths, professional image, and communication skills needed in a professional salon setting. Students focus on the theoretical structure, growth, diseases, disorders and infection control of hair, skin, and nails. Fundamental content on chemistry will enable students to apply chemical products to scalp care, hair care, skin care and nail care. Fundamental procedures include scalp treatments, haircutting, hairstyling, facials, manicures and pedicures. This course, along with COS 110B, 120A, 120B, and 125, meets the GE lab science requirement only for a Cosmetology AS degree.

Lecture Hours: 7 Lab Hours: 7.5 Repeatable: No Grading: O

Prerequisite: Students must first apply to and be admitted to the Cosmetology program. Program application, fees, and other pre-registration activities are outlined in the Cosmetology program handbook and updated annually. Per SJECCD Administrative Procedure 5052, San Jose City College's Cosmetology program requires pre-registration activities.

Transfer Status: None Degree Applicable: AS

For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

**COS 110B Cosmetology Fundamentals 2 9.5 Units**

Students explore theoretical and practice applications of chemistry, which include organic and inorganic chemistry, different states of matter, the meaning of redox, the difference between pure and physical mixtures, suspension and emulsion, and pH scale. Students engage with chemical texturing services including, permanent waving, chemical hair relaxing, and Soft Perm. Students learn effective procedures and practices for haircoloring, hair removal, and facial makeup. This course, along with COS 110A, 120A, 120B, and 125, meets the GE lab science requirement only for a Cosmetology AS degree.

Lecture Hours: 7 Lab Hours: 7.5 Repeatable: No Grading: O

Prerequisite: COS 110A with C or better

Prerequisite: Students must first apply to and be admitted to the Cosmetology program. Program application, fees, and other pre-registration activities are outlined in the Cosmetology program handbook and updated annually. Per SJECCD Administrative Procedure 5052, San Jose City College's Cosmetology program requires pre-registration activities.

Transfer Status: None Degree Applicable: AS

For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

**COS 116A Cosmetology Teacher Training I 10.5 Units**

Students who are experienced, licensed cosmetologists will learn practical and theoretical principles of effective teaching methods of becoming a Master Teacher. The teacher trainees will learn concepts of lesson planning, oral presentations, evaluation, and test construction as well as cosmetology procedures that ensure environmental health and safety. Teacher trainees will assist students on the clinical floor during client services under the supervision of a cosmetology instructor. This course is the first of two course series providing 300 required hours towards completing the Master Teaching requirements. Five years of professional salon experience with a valid cosmetology license is required.

Lecture Hours: 5 Lab Hours: 16.5 Repeatable: No Grading: L

Prerequisite: Hold a valid Board of Barbering and Cosmetology license and five years full professional salon industry experience.

Advisory Level: Read: 3 Write: 3 Math: None

Transfer Status: CSU Degree Applicable: AA/AS

For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

**COS 116B Cosmetology Teacher Training II 10.5 Units**

Students who are experienced, licensed cosmetologists will continue their training in the second course learning teaching methods of becoming a Master Teacher in cosmetology. This course will provide students with classroom management competencies, subject mastery skills, and expanded career options. Students will gain an additional 300 hours of lecture/demonstration and laboratory training that include technical and practical aspects of cosmetology.

Lecture Hours: 5 Lab Hours: 16.5 Repeatable: No Grading: L

Advisory Level: Read: 3 Write: 3 Math: 2

Transfer Status: CSU Degree Applicable: AA/AS

For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

**COS 120A Cosmetology Advanced 1 9.5 Units**

Students will continue to explore the field of cosmetology, including history, career paths, professional image, and communication skills needed in a professional salon setting. Students focus on the theoretical structure, growth, diseases, disorders, and infection control of hair, skin, and nails. Advanced cosmetology content will enable students to apply chemical products to scalp care, hair care, skin care, and nail care. Advanced cosmetology procedures include scalp treatments, haircutting, hairstyling, facials, manicures, and pedicures. This course, along with COS 110A, 110B, 120B, and 125, meets the GE lab science requirement only for a Cosmetology AS degree.

Lecture Hours: 7 Lab Hours: 7.5 Repeatable: No Grading: O

Prerequisite: COS 110B with C or better

Advisory Level: Read: 3 Write: 3 Math: 2

Transfer Status: None Degree Applicable: AS

For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

**COS 120B Cosmetology Advanced 2 9.5 Units**

Students learn advanced and industry-leading techniques and client engagement strategies for hairstyling, haircutting, manicuring, makeup, facials, scalp massage, hair removal, shampooing. Working directly with Cosmetology clients, students apply knowledge of chemical relaxing, thermal styling, pedicures, artificial nails, and other procedures required by the Board of Barbering and Cosmetology. Students engage with industry professionals and explore the practical implications of a Cosmetology career. This course, along with COS 110A, 110B, 120A, and 125, meets the GE lab science requirement only for a Cosmetology AS degree.

Lecture Hours: 7 Lab Hours: 7.5 Repeatable: No Grading: O  
 Prerequisite: COS 120A with C or better  
 Advisory Level: Read: 3 Write: 3 Math: 2  
 Transfer Status: None Degree Applicable: AS  
 For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

**COS 125 Cosmetology Specialties 6 Units**

Students will attend this advanced course in order to meet the California State Board of Barbering and Cosmetology licensing eligibility requirement of 1000 hours. Students study the health and safety standards of the cosmetology profession. Students apply these standards in the practicum of hair design, hair sculpting (cutting), hair coloring, make-up, and thermal styling. Advanced Salon Ready Practical Skills, State Board Testing Review, and Salon Business Skills. This course, along with COS 110A, 110B, 120A, 120B, meets the GE lab science requirement only for a Cosmetology AS degree.

Lecture Hours: 3.5 Lab Hours: 7.5 Repeatable: No Grading: O  
 Prerequisite: COS 110B with C or better  
 Advisory Level: Read: 3 Write: 3 Math: 2  
 Transfer Status: None Degree Applicable: AS  
 For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

**COS 130A Esthetics I 11 Units**

Students will acquire the skills required to render professional services as an Esthetician. Students are provided with basic knowledge of the theory and practice pertaining to esthetics and skin care. Theory and practical training includes professional image and ethics, sanitation, disinfection, and safety, standard massage, client consultation, skin analysis, and makeup color theory. Students begin to prepare for the State board examination to obtain the Esthetician license. Students are required to attend a field trip. Esthetics I is the first course in a sequence of two in which students are required to complete 300 hours of practice on one another. Prior to registering, students must attend orientation.

Lecture Hours: 6 Lab Hours: 15 Repeatable: No Grading: L  
 Prerequisite: Prior to registering, students must attend orientation.  
 Advisory Level: Read: 3 Write: 3 Math: 2  
 Transfer Status: None Degree Applicable: AS  
 For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

**COS 130B Esthetics II 11 Units**

Students continue to develop skills required to render professional services on clients in the skin care industry. Theory and practical training includes the application of chemical peels, waxing, essential oils, and electrical apparatus. Students are required to attend a field trip. Esthetics II is designed for continuing students to complete the state board requirement of 600 hours.

Lecture Hours: 6 Lab Hours: 15 Repeatable: No Grading: L  
 Prerequisite: COS 130A with C or better  
 Advisory Level: Read: 3 Write: 3 Math: 2  
 Transfer Status: None Degree Applicable: AS  
 For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.

**COS 130C Trends in Esthetics 2 Units**

Students are introduced to the newest techniques and trends in the esthetics industry to increase their competitiveness in the job market. Students develop the skills required to perform these professional services in a salon or spa setting. Theory and practical training includes hair removal methods for face and body, advanced facial massage techniques, superficial chemical peels, and body scrubs/ wraps. Students will practice the microdermabrasion procedure.

Lecture Hours: 1.5 Lab Hours: 1.5 Repeatable: No Grading: L  
 Prerequisite: COS 130A with C or better  
 Advisory Level: Read: 3 Write: 3 Math: 2  
 Transfer Status: None Degree Applicable: NAA  
 For General Education (GE) information, please refer to assist.org (<https://assist.org>) or consult a counselor.