

INTEGRATED BEHAVIORAL HEALTH - CERTIFICATE OF SPECIALIZATION

In 2013, 22% of addiction treatment admission in Santa Clara County were identified as co-occurring. While co-occurring disorders are certainly not new in addiction treatment, treatment providers are reporting that the level of acuity of client mental health symptoms has risen in Santa Clara County. San Jose City College Integrated Behavioral Health Certificate is patterned after the Center for Substance Abuse Treatment (CSAT) and SAMHSA best practices models.

The Integrated Behavioral Health Certificate is a program designed to support ongoing effectiveness and professional development for certified and licensed clinicians currently working with the co-occurring client. The Integrated Behavioral Health Certificate is designed based on SAMHSA/CSAT best practice approaches to integrated treatment and is an opportunity for clinicians to gain competency and increased skill in working with these complicated clients. The merger of mental health services and addiction services in Santa Clara County to a Behavioral Health Services model requires increased cross-training and clinical capacity to best meet both the spirit and intent of current best-practice approaches to Integrated Behavioral Health.

The following courses are strongly recommended to be completed prior to pursuing the Integrated Behavioral Health Certificate: ADS-073 Case Management, ADS-075A Counseling Theories and Skills, PSYCH-010 General Psychology, and PSYCH-031 Biological Psychology.

All courses in the certificate must be taken at San Jose City College. A grade of "C" or better is required in each course. The Certificate of Specialization will be issued by the Alcohol and Drug Studies Department.

The Integrated Behavioral Health Certificate courses will be noted on the transcript. The Certificate of Specialization will not appear on the transcript.

Program Learning Outcomes

- Assess and complete a treatment plan, and case manage the co-occurring client through an integrated care system.
- Facilitate effective crisis management and counseling interventions with the co-occurring client population
- Identify advocacy skills within an ethical framework that support the ongoing education and support of the co-occurring client, their family, and community

Major Requirements

Course	Title	Credits
ADS 070	Introduction to Chemical Dependency	3
ADS 078	Integrated Behavioral Health	3
PSYCH 099	Abnormal Psychology	3
Total Units		9