

# NUTRITION AND DIETETICS - ASSOCIATE IN SCIENCE FOR TRANSFER

## About the Program

This degree prepares students to transfer to Nutrition and Dietetics four-year programs, and provides students opportunities to become dietitians, nutrition counselors, nutrition educators, and sports nutritionists.

Nutrition is critical to medicine, health, and physical fitness: professions with rapid growth and demand.

### Degree Completion

The Associate in Arts in Nutrition and Dietetics for Transfer degree will be awarded upon completion of coursework totaling 60 California State University (CSU) transferable units including the major requirements and the Intersegmental General Education Transfer Curriculum (IGETC) or California State University General Education (CSU GE) requirements with a minimum grade point average of 2.0. All courses in the major must be completed with a grade of "C" or better.

To be awarded the Associate in Arts in Nutrition and Dietetics for Transfer degree, students must:

(1) Complete 60 semester units or 90 quarter units which are eligible for transfer to the California State University (CSU) system, including both of the following:

(A) The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education – Breadth Requirements.

(B) A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.

(2) Obtain a minimum grade point average of 2.0.

Associate Degrees for Transfer (ADTs) also require that students must earn a "C" or better in all courses required for the major or area of emphasis.

- Assess the role of nutrients in the body, proper dietetic nutrient levels, and the effects of deficiencies upon the body.
- Examine and compare various food preparation methods, ingredient functions and interactions to retain maximum nutritional value and aesthetic appeal for foods in all food groups.
- Appraise scientific principles, basic terminology and techniques of food preparation.

## Major Requirements

Course	Title	Credits
BIOL 074	General Microbiology	5
CHEM 001A	General Chemistry	5
FCS 019	Nutrition	3
PSYCH 010	General Psychology	3

### List A: Select two courses

BIOL 071 or BIOL 072	Human Anatomy Human Physiology	5
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CHEM 001B	General Chemistry	5
MATH 063	Elementary Statistics	3

### List B: Select one course not already taken

CHEM 015	Fundamentals of Chemistry	4
CHEM 032A	Intro to General, Organic, & Biological Chemistry	4
CHEM 032B	Intro to General, Organic, & Biological Chemistry	4
FCS 018	Principles of Foods With Lab	3
MATH 063	Elementary Statistics	3

## A.S.-T Degree Requirements

Course	Title	Credits
Major Requirements		27-33
General Education Pattern		37-39
CSU GE		39
IGETC		37
Transferable elective units		0-9
<b>Total Units</b>		<b>60</b>